CROP	Harvest Quality	Storage		Lowest	% Relative Precoolin		Storage	
		Temp F		safe temp	humidity	Method	Life Days	
Apples		36-40		34-36	90-95	R, F, H	90-240	
Asparagus	bracts at tip closed	32-35		32-35	95-100	Н, І	14	
Basil	fresh, tender leaves	5	55	40-42	95		7	
Beans, snap	seeds developed, plump	4	15	45	95	R, F, H	7-10	
Beans, lima	crisp pods, seeds immature	37-41		34-40	95	R, F, H	7-10	
Beets, bunched	crisp fresh leaves	3	32		95	H, I	14	
Beets, root	firm, deep red roots	3	32		98-100	R	90-150	
Blackberries	full color, sweet	31-32			90-95	R, F	2-3	
Blueberries	full color, sweet	31-32			90-95	R, F	10-18	
Broccoli	firm head, buds not open	3	32		95-100	I, F, H	10-14	
Brussel sprouts	firm sprouts	3	32		95-100	H, V, I	21-35	
Cabbage	crisp, firm, compact head	3	32		98-100	R, F	30-180	
Cantaloupe	full slip, rind color	36-41		36-41	95	H, F	10-14	
Carrots, topped	tender, sweet roots	3	32		98-100	I, R	28-180	
Cauliflower	compact, white curds	3	32		90-98	H, V	20-30	
Celery	crisp, tender	3	32		98-100	I	14-28	
Corn, sweet	plump tender kernels	3	32		95-98	H, I, V	4-6	
Cucumbers	crisp, green, firm	50-55		45	95	F, H	10-14	
Eggplant	seeds immature; shiny, firm	46-54		45	90-95	R, F	10-14	
Endive	fresh, crisp, tender leaves	3	32		90-95	H, I	14-21	
Garlic		32-34			65-75	N	90-210	
Brassica Greens	crisp, dark green leaves	3	32			Н, І	10-14	
Herbs	fresh, crisp, tender leaves	3	32		95	(10-14	
Leeks	size, crisp		32		95-100	H, I	60-90	
Lettuce	compact head, crisp, tender	1	32		85-90	H, I	14-21	
Mushrooms	size, firm	1	32		95	(12-17	
Onions, bulb	firm bulbs, tight necks	3	32		65-70	N	30-180	
Onions, green	crisp stalks, firm white bulbs	3	32		95-100	H, I	7-10	
Parsley	crisp, dark green leaves	3	32		95	H, I	21	
Pears		3	32		90-95	F, R, H	60-90	
Peas, in pods	tender, green, sweet pods	3	32		95-98	F, H, I	7-10	
Peppers, bell	firm, shiny, thick walls	40-55		45	90-95	R, F	12-18	
Peppers, hot	firm, shiny, thick walls	45-50		45	60-70	R, F	14-21	
Potatoes, early	well shaped, defect free	50-60		38	90	R, F	56-140	
Potatoes, late	well shaped, defect free	40-50		38	90	R, F	56-140	
Pumpkins	hard rind, good color, heavy	50-60		50	50-75	N	84-160	
Radishes with tops	firm, crisp, dark green leaves	3	32		95	H, I	14-21	
Raspberries	full color, sweet	3	32		90-95	R, F	2-3	
Rutabagas	roots firm with smooth surface	3	32		98-100	R	120-180	
Spinach	dark green, fresh, crisp leaves	3	32		95-100	H, I	10-14	
Squash, summer	firm, shiny, right size	41-50			95	R,F	7-14	
Squash, winter	hard rind, heavy, good color	50-55		50	50-70	N	84-150	
Strawberries	full color, sweet	1	32		90-95	R, F	5-10	
Sweet potatoes		55-60		55	85-90	Ň	120-210	
Tomatoes	firm, uniform coloration	62-68		45-50	90-95	R, F	7-28	
Turnips	firm, heavy roots	1	32			R, H, V, I	120-150	
Watermelon	crisp, good flesh color, not mus	7		40	90	(14-21	
	H = hydrocooling I = package icir		m					

F = forced-air cooling, H = hydrocooling, I = package icing, R = room cooling, V = vacuum cooling, N = no precooling need Sources: USDA Agricultural Marketing Service, Kansas St U Ex Service and Jim Waltrip at PetoSeed © 2009 Atina Diffley, Organic Farming Works atina@organicfarmingworks.com

CROP	Ethylene	Ethylene	chilling or mishandling injuries	Respiration	ICED
	Production	_		Rate	
Apples	very high	high	browning, rot, soft	low	
Asparagus	low	low	dull, limp	very high	YES
Basil	low	low	browning, limp	high	NO
Beans, snap	low	moderate	surface pitting, brown streaks, dark tips	high	NO
Beans, lima	low	moderate	yellow to brownish lesions on tips and stalks	high	NO
Beets, bunched	very low	low	limp tops, rots	high	CAN
Beets, root	very low	low	black root, brown spots on rot tips	moderate	YES
Blackberries	low	low	mold		NO
Blueberries	low	low	mold		NO
Broccoli	very low	high	strong odor, yellowish, black rot spots	very high	YES
Brussel sprouts	very low	high	tipburn, black leaf speck, yellowing	high	CAN
Cabbage	very low	high	black spots, tipburn, soft	moderate	
Cantaloupe	high	moderate	soft spots, fusarium rot	moderate	CAN
Carrots, topped	very low	high	rubbery, insect damage, brown lesions	moderate	YES
Cauliflower	very low	high	yellow or brown curds, riciness	high	YES
Celery	very low	moderate	yellowing, limp, rots	moderate	NO
Corn, sweet	very low	low	tough kernels, loss of sugar	very high	YES
Cucumbers	low	high	pitted, watersoaked, yellowing	moderate	NO
Eggplant	low	moderate	browning, shriveling, decay, pitting		NO
Endive	very low	moderate	wilting, yellowing, soft, rots		YES
Garlic	very low	low	rots, soft neck, brown spots	low	NO
Brassica greens	very low	moderate	wilting, yellowing, soft, rots	high	YES
Herbs	very low	moderate	wilting, yellowing, soft, rots		NO
Leeks	very low	moderate	rot around roots, limp		CAN
Lettuce	very low	high	wilting, bolting, tipburn, discoloration	high	NO
Mushrooms	low	moderate	browning, water spots	very high	NO
Onions, bulb	very low	low	soft neck, sprouting, root growth, rots	very low	NO
Onions, green	very low	moderate	limp, yellowing, rots	high	YES
Parsley	very low	high	limp, yellowing, bad odor	high	CAN
Pears	high	high	mushy, soft, rots	moderate	NO
Peas, in pods	very low	moderate	tough, yellowing, limp, yellow	very high	YES
Peppers, bell	low	low	pitting, wilting, rot, soft	moderate	NO
Peppers, hot	low	low	pitting, wilting, rot, soft	moderate	NO
Potatoes, early	very low	moderate	soft rot, scab, surface discoloration	moderate	NO
Potatoes, late	very low	moderate	sprouting, soft rot, scab, discoloration	very low	NO
Pumpkins	low	low	rot, broken handles	moderate	NO
Radishes with tops	very low	moderate	color bleed, pithy, rots	high	CAN
Raspberries	low	low	mold		NO
Rutabagas	very low	low	pitting, rots, water spots	low	CAN
Spinach	very low	high	wilting, yellowing, rots	verh high	YES
Squash, summer	low	moderate	pitting, limp, rots	moderate	NO
Squash, winter	low	low	rots, color loss	moderate	NO
Strawberries	low	low	mold, water spots, limp		NO
Sweet potatoes	very low	low	decay, pitting, discoloration	low	NO
Tomatoes	moderate	high	decay, pitting, antracnose, cracking	moderate	NO
Turnips	very low	low	pitting , water spots, rots	low	YES
Watermelon	low	high	rots, anthracnose		
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